



The Idle Rocks
St Mawes

MENU

*All our food is cooked fresh to order, so please take this into consideration when ordering.
If you have any dietary requirements, please make us aware and we will do our best to help*

Appetizers

BREADS: Selection of Artisan Breads and Dipping Oils

OLIVES: Marinated Queen Green and Mammoth Black Olives

CRACKLING: Old Spot Pork Crackling 'Toast' served with Cox Apple Dipping Chutney

OYSTERS: Fal Estuary Oysters, Lemon, Tabasco & Shallot Vinaigrette

All at £4.00

Terrines

CHICKEN: The Classic Chicken Caesar, Crispy Cos Lettuce

DUCK: Pressing of Confit Duck Leg, Spicy Orange Dressing

PORK: Ham Hock, air Dried Tomatoes, Mustard and Honey

MACKEREL: Local Mackerel, Smoked and Rilette, Lemon and Sauterne Wine

All served with crisp breads

All at £7.50

Starters

CORNISH SCALLOPS: Spanish Black Pudding, Watermelon, Caviar Vierge **£8.50**

SAUTEED CHICKEN LIVERS: Pancetta, Sage, Capers **£7.50**

WARM HAM HOCK SALAD: English mustard, shallots, lizard leaves, granary toast **£7.50**

FRENCH ONION SOUP: Emmental, Gruyère, Granary Crouton **£6.00**

OVEN BAKED WHOLE CAMEMBERT: Plum & Chilli Jam, Honey & Walnut
Rustic Bread **£7.50**

CORNISH SEAFOOD: Crab, Hot Smoked Salmon, Gradvalax, Brown Shrimps **£8.50**

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Mains

'BURGERS': Trio of Mini Burgers, Minced Châteaubriand of Cornish Beef, Local Lobster and Fillet of Beef, Duck Fat Fries **£18.50**

MUSSELS: Steamed Fal Bay Mussels, Shallots, White Wine and Cream, with Rustic Bread **£12.00**

FISH & CHIPS: Beer Battered Atlantic Cod and Chips Cooked in Beef Dripping, Charred Lemon and Tartar Sauce **£14.00**

'BANGERS & MASH': Our own Lamb and Redcurrant Sausages, Spring Onion Mash, Broad Beans, Pan Gravy **£12.00**

CHICKEN: Oven Roasted Breast of Chicken, Pistachio Crumble, Sautéed Potatoes, Forest Mushrooms, Pearl Barley gravy **£13.50**

MONKFISH AND MANGO CURRY: a light Summer Curry of Monkfish and Mango, Jasmine Rice **£14.00**

FILLET STEAK: Prime Fillet of Cornish Beef, Fondant Potato, Watercress and Summer Truffles **£19.50**

SEAFOOD RAGOÛT: Mussels, Langoustines, Crayfish, Tiger Prawns, Garlic and Lemon Linguine **£15.00**

LOCAL LOBSTER: Oven Roasted in Garlic and Fine herbs, Cucumber and Micro herb salad, Buttered new Potatoes **£19.50**

PASTA: Porchini and Parmesan Ravioli, Butternut Squash, Cavolo Nero, Deep fried Sage and Pine Nuts **£11.50**

VEGGIE BURGERS: Trio of Mini Burgers Portabello Mushroom, Artichoke and Mozzarella, Aubergine and Feta, Vegetable Crisps **£15.00**

Puddings

CHOCOLATE: Chocolate and cookie Sundae, Honeycomb, Chocolate ice cream, Clotted cream, Chocolate sauce **£7.50**

PEARS & SAFFRON: Saffron poached Pear, Saffron cake, brown bread and Cinnamon ice cream **£7.50**

WHOLE BABY PINEAPPLE: Crispy brioche, Coconut rice Pudding, Pineapple and Chilli salsa **£7.50**

RICHARDSON SCHOOLBOY SPECIAL: Classic Dessert of the Day, served with Custard **£7.50**

LEMON MERINGUE PIE: Our take on the Old Classic **£7.50**

TASTER PLATE: a little of what we do best.....! **£14.00**

WELSH RAREBIT: served with Salad Leaves and a Herb Dressing **£6.00**

CHEESE: A selection of artisan cheese, chutney and wafers, celery sorbet and grapes **£9.00**

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Sandwiches

With your choice of white or wholemeal bread

Local crab **£10.00**

Crayfish, citrus mayonnaise **£8.00**

Cheddar and chutney **£7.00**

Long sliced smoked salmon and chive crème fraîche **£8.00**

Ham and tomato **£8.00**

Smoked chicken and mango **£8.00**

All served with local salad leaves and vegetable crisps

CHILDREN'S MENU

PASTA: Linguine cooked in a tomato sauce with cheese and salad

CHICKEN: Roast chicken breast, new potatoes and vegetables

BEEF BURGER: Mini burger, chip shop chips and salad

FISH & CHIPS: Battered Atlantic cod, chip shop chips and salad

All at £8.00

ICE CREAM: A selection of ice creams is available - please ask a member of our team

All at £5.00